

Good Earth Village Virtual Camp Curriculum

Good Earth Village is offering Virtual Village as a way to connect with our campers and bring camp to YOU! Videos are available of our summer staff leading a variety of camp activities including Bible Discovery, Crafts, Songs, Environmental Education, and more. Congregations and camper families will be able to use this resource to experience the JOY of camp together.

The theme for Virtual Village is built around the core values of Good Earth Village - Faith, Peace, Openness, Friendship, Community, and Service. You will have access to the videos for all core values. There are different sets of videos for K-5th Grade and 6-9th Grade.

Faith
Peace
Openness
Friendship
Community
Service

You are invited to use this resource with your congregation. These videos could be used in worship, small group gatherings, or shared on your website and social media platforms. The videos can be used for both in person and virtual gathering spaces. You could use a video for the children's message, instruct youth to watch a video and then lead a zoom discussion around the theme and Connection Questions, challenge your families to make a meal together, and much more!

This guide is meant to give you some insight to the content of the videos and allows you to prepare for how you want to use the content with your congregation. We encourage you to think creatively about how this resource can fit your context!

Good Earth Village welcomes you to come visit on-site, come for a day or even stay a night or two! We have RV spaces, cabins, and primitive camping available. There are miles of trails for hiking, the Spring Valley Creek for splashing and fishing, and much more! For reservation inquiries, email Tyler Anderson at tyler@goodearthvillage.org

If you have any questions regarding Virtual Village or how Good Earth Village can walk alongside your congregation, contact Erik Dahl at erik@goodearthvillage.org

Come be a part of our Virtual Village!

Theme 1 - Faith

[Introduction]

This video opens Theme 1 with an introduction to Faith and a prayer. Faith is having trust and belief in God. Each of us are on a faith journey - discovering, growing, doubting, and wondering through a variety of experiences. We live out our faith through worship, prayer, service, and love to ourselves and others.

[Bible Discovery]

Scripture - Ephesians 2:8-9

⁸ For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— ⁹ not the result of works, so that no one may boast.

K-5th Grade

This video includes the skit, Many Ways to Pray.

The Main Character (MC) is struggling to find out how to pray. MC meets Pray-er #1 who is dancing while praying, MC tries it out but doesn't feel like it fits for them. MC meets Pray-er #2 who is running while praying, MC tries it out but doesn't feel like it fits for them. MC meets Prayer #3 who is singing their prayer, MC tries it out but doesn't feel like it fits for them. MC meets Friend, MC is disappointed that they couldn't pray "right" Friend shares with MC that there are many ways to pray and encourages the MC to learn different ways to pray and pray in a way that fits them.

Connection Questions

- 1. What are different ways you could pray?
- 2. What are some things you pray about a lot? What are some things you want to pray about more?
- 3. Do you know anyone who prays differently than you? How do they pray?
- 4. Journal prompt: Reflect on how your faith has changed, and what your faith is like now. What places and people have been a part of your faith as you have grown up? Who and what is a part of your faith now?

6th-9th Grade

This video includes the spiritual practice, Faith Journey Doodle.

Supplies: paper and coloring utensils

Spend time doodling 3 people, 3 moments, and 3 places that have had an impact on your faith journey. This spiritual practices encourages reflection, personal awareness, and appreciation.

Connection Questions

- 1. What does your faith look, feel, and sound like?
- 2. What are some gifts God has given to you?
- 3. How can you share your gifts with the world?
- 4. What kinds of events, situations, and obstacles are out of our control, and what events, situations, and obstacles are within our control?

[Craft]

K-5th Grade

Salt Painting

Supplies:

- -construction paper
- -salt
- -glue bottle
- -watercolors/water and food coloring
- -paintbrushes
- -cups for watercolors

6th-9th Grade

Nature Mobiles

Supplies:

- -string
- -scissors
- -nature elements

[Environmental Education]

Topic: Reptiles & Amphibians

[Song]

K-5th Grade

Be Bold

Be bold (echo), be strong (echo), For the Lord thy God is with thee (2x)

Be not afraid (no, no, no),

Be not dismayed (no, no, no),

Walkin' in faith and victory (come on),

Walkin' in faith and victory

For the Lord thy God is with thee

6th-9th Grade

Saved by Grace

Sa-a-a-a-a-aved by Grace

Throu-u-u-u-u-u-ugh our faith (our faith, our faith, our faith) x2

(swim)

$$G - R - A - C - E$$
 (oi, oi)

We will worship you faithfully (ee, ee)

We will live etern-na-na-nally

What a life for you and for me x2

(spell it)

[Meal Grace]

Grace, Grace, Baby

Stop, meditate and listen
God is back with a Son and a mission
His love grabs a hold of you tightly
Ever-flowing daily and nightly
Will it ever stop? No, He gives more
Doesn't even matter if you're rich or poor
To the extreme we are saved by His grace
Made the whole world turn about face.
Grace, Grace Baby Amen, Amen (2X)

[Recipe]

TinDin

Theme 2 - Peace

[Introduction]

This video opens Theme 2 with an introduction to Peace and a Star Prayer. Peace is a sense of serenity and wholeness. Peace also creates contentment and unity between others.

[Bible Discovery]

Scripture - John 14:25-31

²⁶ "I have said these things to you while I am still with you. ²⁶ But the Advocate, [a] the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. ²⁷ Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid. ²⁸ You heard me say to you, 'I am going away, and I am coming to you.' If you loved me, you would rejoice that I am going to the Father, because the Father is greater than I. ²⁹ And now I have told you this before it occurs, so that when it does occur, you may believe. ³⁰ I will no longer talk much with you, for the ruler of this world is coming. He has no power over me; ³¹ but I do as the Father has commanded me, so that the world may know that I love the Father. Rise, let us be on our way.

K-5th Grade

This video includes the spiritual practice, *Pebble Meditation*.

Supplies: four pebbles

Meditation and language taken from the book "A Handful of Quiet: Happiness in Four Pebbles," by Thich Nhat Hanh and formatted to be adapted to an outdoor ministry setting.

Allow the campers to spend some time looking for pebbles and have them pick four.

For this meditation, each of the pebbles represents a different image. Invite the campers to sit in the lotus or half-lotus position. Take a few breaths together as a collective group.

Love/Loving, Peace/Peaceful, Joy/Joyful, Kindness/Kind

(Older Campers: Compassion and Inclusiveness)

Facilitator: Pick up a pebble and look at it. This pebble represents (fill in the blank). Put it in the palm of your hand and place the other hand over it.

Take a breath and say (fill in the blank). (word.)

Breathe out and say I am (fill in the blank). (word.)

Connection Questions

- 1. What is one place that brings you peace? What are the sounds, sights, and feelings you have in that place?
- 2. What does the word "peace" mean to you?
- 3. What does God give to us? How is it different from what the world gives us?
- 4. How does God speak to you during the pebble meditation like he says he speaks to you in the scripture?

6th-9th Grade

This video includes the spiritual practice, *Pebble Meditation*.

Supplies: four pebbles

See instructions under K-5th Grade

Connection Questions

- 1. What is an advocate? What does advocate mean in relation to the holy spirit? How can we be advocates in relation to the holy spirit?
- 2. What is one thing that you want to change about the world? What can you do to help make this change?
- 3. What places or activities make you feel peaceful?
- 4. How can you bring peace to others?
- 5. Peace isn't something that exists everywhere, all the time. Sometimes there must be unrest and conflict before there can be peace. Can you think of times when peace has only been achieved after something big has changed?

[Craft]

K-5th Grade

Rain Stick

Supplies:

- -cardboard tube
- -brown paper bag
- -yarn
- -rubber bands
- -markers/paints
- -pipe cleaners
- -beans/rice
- -scissors

6th-9th Grade

Stick Letters

Supplies:

- -sticks
- -yarn
- -scissors

[Environmental Education]

Topic: Birds

[Song]

K-5th Grade

Peace Like a River

I've got peace like a river

I've got peace like a river

I've got peace like a river and it's flowin' in my soul

I've got peace like a river in my soul (Because)

Jesus, Jesus, Jesus is the joy in my soul (in my soul)

Verses:

I've got joy like a fountain

I've got love like an ocean

6th-9th Grade

You are Holy

Father, you are holy. Lifting up your name We give you praise. You wipe away the tears. You're there throughout the years. Your name means peace. La la la.

Jesus, you are holy. Lifting up your name We give you praise. You wipe away the tears. You're there throughout the years. Your name means peace. La la la.

Spirit, you are holy. Lifting up your name We give you praise. You wipe away the tears. You're there throughout the years. Your name means peace. La la la.

[Meal Grace]

Superman

Thank the Lord...for giving us food Thank the Lord...for giving us friends For the food that we eat... And the friends that we meet... Thank the Lord...AMEN, AMEN

[Recipe]

GEV Muffins

Theme 3 - Openness

[Introduction]

This video opens Theme 3 with an introduction to Openness and a Bubble Prayer. Openness is the willingness to receive and listen to others' experiences and beliefs, as well as having a willingness to share personal experiences and beliefs. Openness encourages us to be vulnerable and open a space to share our story and a space to listen to other people's stories.

[Bible Discovery]

Scripture - Luke 14:12-24

¹²He said also to the one who had invited him, "When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. ¹³But when you give a banquet, invite the poor, the crippled, the lame, and the blind. ¹⁴And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous."

¹⁵ One of the dinner guests, on hearing this, said to him, "Blessed is anyone who will eat bread in the kingdom of God!" ¹⁶ Then Jesus said to him, "Someone gave a great dinner and invited many. ¹⁷ At the time for the dinner he sent his slave to say to those who had been invited, 'Come; for everything is ready now.' ¹⁸ But they all alike began to make excuses. The first said to him, 'I have bought a piece of land, and I must go out and see it; please accept my regrets.' ¹⁹ Another said, 'I have bought five yoke of oxen, and I am going to try them out; please accept my regrets.' ²⁰ Another said, 'I have just been married, and therefore I cannot come.' ²¹ So the slave returned and reported this to his master. Then the owner of the house became angry and said to his slave, 'Go out at once into the streets and lanes of the town and bring in the poor, the crippled, the blind, and the lame.' ²² And the slave said, 'Sir, what you ordered has been done, and there is still room.' ²³ Then the master said to the slave, 'Go out into the roads and lanes, and compel people to come in, so that my house may be filled. ²⁴ For I tell you, none of those who were invited will taste my dinner.'"

K-5th Grade

This video includes a skit retelling an original version of the parable in the Gospel of Luke.

Connection Questions

- 1. Who would you invite to dinner?
- 2. How does it feel to spend time with people you love?
- 3. Who are some people in your community who need help?
- 4. What are some things you can do to help people in your community?

6th-9th Grade

This video includes a skit retelling an original version of the parable in the Gospel of Luke (same story as K-5th Grade)

Connection Questions

- 1. Who are some people that are silenced in the world?
- 2. What are some ways that we can amplify voices that are usually silenced?
- 3. How can we open our minds and others' minds to listen to silenced voices?
- 4. What are some actions you can do to create a world that embraces openness?

[Craft]

K-5th Grade

Coffee Filter Butterfly

Supplies:

- -coffee filters
- -markers
- -water spray bottle
- -pipe cleaners

6th-9th Grade

Rolled Paper Frame

Supplies:

- -recycled magazines
- -paper
- -frame
- -hot glue gun/sticks
- -scissors
- -tape (double-stick)

[Environmental Education]

Topic: Fungus

[Song]

K-5th Grade

Every Move I Make

Every move I make I make in you, you make me move Jesus Every breath I take I breathe in you Every step I take I take in you, you are my way Jesus Every breath I take I breathe in you

Waves of mercy waves of grace Everywhere I look I see your face Your love has captured me Oh my God this love how can it be

Na, na, na, na, na, na (etc.) [repeat]

6th-9th Grade

Sanctuary

Lord, prepare me to be a sanctuary, Pure and holy, tried and true, With thanksgiving I'll be a living Sanctuary for you.

Lead me on, lord from temptation, Purify me from within, Fill my heart with your Holy Spirit, Take away, Lord, all my sin.

[Meal Grace]

Brown Cow

Thank the brown cow for the chocolate milk
Thank the pig (oink oink) for the bacon on my plate
Thank the egg for the chicken,
And the chicken for the egg.
And thank you God for making me me, Amen!

[Recipe]

Monster Cookies

Theme 4 - Friendship

[Introduction]

This video opens Theme 4 with an introduction to Friendship and a Bucket Prayer. Friendship is a relationship built on trust, mutual respect, and shared experiences. Through friendships, we are able to be embraced and affirmed in who we are.

[Bible Discovery]

Scripture – Colossians 3:12-17

¹² As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. ¹³ Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. ¹⁴ Above all, clothe yourselves with love, which binds everything together in perfect harmony. ¹⁵ And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. ¹⁶ Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. ¹⁷ And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

K-5th Grade

This video includes the skit, Warm Fuzzies.

This skit tells the story of GEV campers who have a special tradition of sending warm fuzzies to each other. Warm fuzzies were like little balls of pure love that made everyone feel good all over. People would offer warm fuzzies freely, and if you needed one, all you had to do was ask. Everyone felt safe and loved, and they all helped each other to feel safe and loved. But one day, Prickly Pete came to camp and didn't understand and disliked the Warm Fuzzies. He decided that he would tell a lie to the campers to convince them to stop with all that warm fuzzy business. Prickly Pete told the campers that their warm fuzzies were the most precious things in the world. He told them that instead of sharing them with others, they should keep them for themself. What if the world supply of warm fuzzies ran out? The campers began worrying and acting selfishly, keeping their warm fuzzies to themselves. Instead of everyone feeling warm and fuzzy inside, they started to feel cold and prickly inside. Thank goodness something nice happened next. A camper went home and decided to send warm fuzzies to his friends back at camp. Holding onto their warm fuzzies didn't make them happier; it made them miserable. They figured out that giving their warm fuzzies away not only made their friends happy, it made them happy too. The good news is that we can be just like those campers!

We can give warm fuzzies, like these colorful pieces of yarn. But we can also give warm fuzzies that are sparkly, little, fluffy, imaginary balls of happiness. You see, when we offer a kind word in a letter or help someone to feel better, that's the best kind of warm fuzzy there is.

Connection Questions

- 1. How does it feel when someone gives you an affirmation?
- 2. What are some words that make you feel good? Have you used those words to make others feel good?
- 3. How can you remind your friends and family from a distance that you love them?
- 4. What songs, stories, or people make you feel connected to god?

6th-9th Grade

This video includes the spiritual practice, 1st Corinthians List.

Supplies: journal and writing utensils

Read the scripture 1 Corinthians 13:4-7

In this scripture, 'love' is described in many ways. What words stood out to you? (Help explain difficult words.) Invite them to write the scripture in their journal, but replace the word 'love' with their name. Example:

(Name) is patient; (Name) is kind; (Name) is not envious or boastful or arrogant or rude. (Name) does not insist on its own way; (Name) is not irritable or resentful; (Name) does not rejoice in wrongdoing, but rejoices in the truth. (Name) bears all things, believes all things, hopes all things, endures all things. At the end have the campers add: (Name) is a beloved child of God.

Altogether, read your lists out loud as a group.

What does it look like when we are patient, kind, not envious, etc.? Take time to discuss specific words. How can we be love?

Is it okay if we aren't those things that we described? (Yes!) Does God still love us? (Yes!)

Connection Questions

- 1. What are some things you love about yourself?
- 2. What are some things that you love about others?
- 3. Who are some people in your community that need more love/friendship? How can you show more love/friendship to them?

[Craft]

K-5th Grade

Friendship Bracelet

- -string
- -scissors
- -tape

6th-9th Grade

Friendship Bracelet - Advanced

- -string
- -scissors
- -tape

[Environmental Education]

Topic: Macroinvertebrates

[Song]

K-5th Grade

Romans 16:19

Romans sixteen nineteen says, [2x]

Be excellent (uh huh, uh huh) at what is good

Be innocent of evil, yeah [2x]

For the God of peace will soon crush Satan

Yes God will crush him underneath your feet [2x]

6th-9th Grade

Dance with Me

This is holy time, We've gathered together to worship you, and love one another, and as we pray, and as we sing And as we dance, and as we dream Oh Lord, I beg of you just this one thing

Won't you dance with me, throughout the heavens and below the seas And up on the mountain tops Flow with the breeze, and come carry me Oh Lord won't you dance with me

[Meal Grace]

Johnny Appleseed

Oh, the Lord is good to me And so I thank the Lord For giving me the things I need The sun and the rain and the appleseed The Lord is good to me. Amen, amen, amen, amen. A...men

[Recipe]

Enchiladas

Theme 5 - Community

[Introduction]

This video opens Theme 5 with an introduction to Community and a prayer. Community is a feeling of connection with others. Communities create spaces where people feel a sense of belonging.

[Bible Discovery]

Scripture - Romans 12:3-23

³ For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. ⁴ For as in one body we have many members, and not all the members have the same function, ⁵ so we, who are many, are one body in Christ, and individually we are members one of another. ⁶ We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ ministry, in ministering; the teacher, in teaching; ⁸ the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

K-5th Grade

This video includes the skit, High Five Machine.

In this skit, an inventor wants to create a high five machine. Using people, the inventor creates parts for the machine. One part makes a 'plink' sound. The parts get annoyed and don't think this part is 'good enough.' Plink leaves. Machine doesn't work. Plink is encouraged and affirmed by the inventor and pieces to come back. Machine works together again.

Connection Questions

- 1. What are some gifts you have that you could share with others?
- 2. How do your gifts work with other people's gifts?
- 3. How would it feel to be Plink? Have you had an experience where your gifts weren't needed like Plink?
- 4. What are some communities that aren't appreciated? How can you show them that they are appreciated?
- 5. How can you use your gifts to help your community?

6th-9th Grade

This video includes the spiritual practice, Appreciation Chain.

Supplies: paper, scissors, glue stick, decorating items (markers, glitter, etc.)

Cut the strips of paper so each camper has two or three strips.

What are some ways people have helped you?

What is appreciation?

What is gratitude?

Write down things you are grateful for on the strips of paper and decorate them. Allow campers to share what they put on their strips.

Connection Questions

- 1. Think about a community that you are a part of. What are some of the characteristics of that community?
- 2. What are some things that can break apart a community? How can you mend a broken community?
- 3. What are some of your favorite parts about the community at camp?
- 4. What are some ways you can build an uplifting community?

[Craft]

K-5th Grade

I Love You to Pieces Card

Supplies:

- construction paper
- markers
- glue

6th-9th Grade

Pop-up Card

Supplies:

- construction paper
- markers
- glue

[Environmental Education]

Topic: Invasive Species

[Song]

K-5th Grade

Lord, Listen to your Children Praying

Lord, listen to your children praying

Lord, send your spirit in this place

Lord, listen to your children praying

Send us love, send us power, send us grace

6th-9th Grade

I'll Do my Best

Love, I'll Love you Lord forever

Love, I'll Love, I'll Love you Lord forever

I'll do my best I'll do my best (oh) I'll do my best for you (ow, ow, ow)

I'll do my best I'll do my best (oh) I'll do my best for you.

Trust, Serve, Praise, Thank

[Meal Grace]

Cowboy

Come Lord Jesus be our guest, mmhmm, mmhmm

Come Lord Jesus be our guest, mmhmm, mmhmm

Come Lord Jesus be our guest,

Let these gifts to us be blessed.

Mmhmm, mmhmm, Amen.

Yee-haw!

[Recipe]

Gooey Rolls

Theme 6 - Service

[Introduction]

This video opens Theme 6 with an introduction to Service and a Shouting Prayer. Service is giving of ourselves to meet the needs of others. We each hold unique gifts which we are called to share with others. It's also super fun to look for gifts in others! It's even MORE fun to use your gifts together with other people's gifts. We are called to shine our light for all to see!

[Bible Discovery]

Scripture – John 13:1-17

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. ² The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper ³ Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, ⁴ got up from the table, took off his outer robe, and tied a towel around himself. ⁵ Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. ⁶ He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" ⁷ Jesus answered, "You do not know now what I am doing, but later you will understand." ⁸ Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." ⁹ Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" ¹⁰ Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." ¹¹ For he knew who was to betray him; for this reason he said, "Not all of you are clean."

¹² After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? ¹³ You call me Teacher and Lord—and you are right, for that is what I am. ¹⁴ So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. ¹⁵ For I have set you an example, that you also should do as I have done to you. ¹⁶ Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. ¹⁷ If you know these things, you are blessed if you do them.

K-5th Grade

This video includes the skit, Love Ball.

God gives the Main Character a ball and tells them to share it with others. MC is playing with ball when Friend #1 comes and asks to play. MC says no ball gets small. This is repeated with Friends #2-3. Each time the ball shrinks a little bit more until it is the size of a raisin. Friend #4 asks to play and MC decides to share this time - the ball gets bigger. Friends #1-3 come back and the ball gets bigger each time. Characters throw balls into the audience for campers to catch.

Connection Questions

- 1. In the scripture, Jesus tells his disciples that, by washing their feet, he has set an example for them, and they should go and do the same. So, thinking about Jesus' example, what are ways you can show love to the people in your community who don't receive a lot of love?
- 2. Name three different ways of showing love.
- 3. How have others shown love to you?
- 4. At the beginning of the skit, Ella wouldn't share her love ball. How do you think her friends felt when she wouldn't share? Have you ever had an experience like that? How did it feel?

6th-9th Grade

This video includes the skit, *The Three Trees*.

This is a retelling of "The Three Trees" story written by Angela Elwell Hunt.

Connection Questions

- 1. Jesus did a service to his disciples by washing their feet. What are some ways other than washing feet that you can or have serviced people you know and people you don't know? (Write down your list on a piece of paper)
- 2. What are some characteristics of actions that involve service?
- 3. What example is Jesus setting by washing the feet of others?

[Craft]

K-5th Grade

Toilet Paper Bird Feeder

Supplies:

- -toilet paper roll
- -string
- -scissors
- -peanut butter
- -knife
- -birdseed

6th-9th Grade

Recycled Bottle Bird Feeder

Supplies:

- -recycled bottle
- -scissors
- -string
- -tissue paper
- -glue (watered down)
- -paint brush
- -bird seed

[Environmental Education]

Topic: Scavenger Hunt Activity

[Song]

K-5th Grade JOY Song

Joy, joy, joy, all the joy, joy, joy, all the

Joy, joy, joy, all the joy, joy, joy joy joy joy

"J" is for Jesus, "O" is for others,

Y-yi-yi-yi-yi is for you, and you, and you and you and you and you

Joy, j-j-j-j joy, j-j-j-j Joy, j-j-j-j joy

6th-9th Grade

Light of the World

You are the light of the world You are the light of the world So shine, shine, shine where you are You are the light of the world

Candle in the dark... City on a hill... Star in the night...

[Meal Grace]

Backstreet Boys

You are our Savior,
This food has flavor,
Believe that your true,
We want to thank you.
Amen, be present at our table, Lord.
Amen, be here and everywhere adored.
Amen, these mercies bless and grant that we may strengthen for thy service be.
Amen!

[Recipe]

GORP